

Hair Extensions

Many women and men over the years have wanted a full thick head of hair and have achieved this by using extensions of added strands of human hair or fibre. The artificial volume produced has to be cared for by regular visits to a hairdresser or extension technician every 4-6 week. Each extension is permanently attached to the client's hair at scalp level with bonds, usually either glue or metal beads, although there are many more techniques.

If not serviced every 4 – 6 weeks, the extension starts to become loose at scalp level, and can dislodge natural hairs. The hairs that are loosened become trapped within the bond as do hairs lost by natural shedding, the increasing weight of hair then putting stress on the remaining hair at scalp level.

You should contact the person who fitted your extensions for advice on how to remove them safely. However, this may not be possible in the current situation. What you must not try to do is to drag the bond down your hair shaft without first breaking down the glue or, with a small pair of pliers, opening the metal bead. Having broken down the bond, then apply a leave-in conditioner and gently slide each bond slowly and very carefully along the hair shaft.

Once you have removed the extensions you will feel that your hair is thinner now, than it was before you started wearing them. You should remember the hair extensions will have given you more volume than you would have ever had naturally.

Do not panic if you see lots of loose hairs on removing the extensions. As mentioned above, the bonds will have trapped natural shed hairs. This is a good opportunity to give your hair and scalp time to have a rest from the prolonged tension, before considering whether you wish to have extension fitted again or to try some other hair style.

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